

CRYOTHERAPY FOR PLANTAR FIBROMAS

This presentation will describe the usage of cryotherapy for plantar fibromas, Dupuytren's contracture of the plantar surface of the foot. We will cover the benefits of using this procedure. A review of the usage of cryoanalgesia in allopathic medicine will be discussed along with some research articles. The mechanism of action, physiological principles and basic principles of this surgical technique will be discussed. A step by step presentation of a case study of a cryosurgical procedure will be shown for a patient with a plantar fibroma. The presentation will conclude with some practice pearls to highlight the usage of cryotherapy.